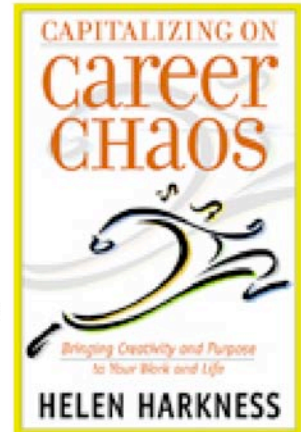


CAPITALIZING ON CAREER CHAOS

Bringing Creativity and Purpose to Your Work and Life
HELEN HARKNESS

Whether due to offshoring, bankruptcy, the quest for global competitiveness, or some other cause, chaos in organizations is real and radical and can create fear and uncertainty in the heart of even the most savvy and confident employee. Looking inward, outward, forward, and beyond—and with a planned course of action—Capitalizing on Career Chaos delivers the tools and strategies to become an authentic, trailblazing pioneer who can thrive in this age of unprecedented change.



Helen Harkness draws on her work with more than 6,000 individuals and her nearly 30 years as a career management expert to present a timely process for regenerating, redirecting, or crafting a new career—from the inside out. Harkness's easy-to-implement, four-step process shows how to look outward to match core instincts and talents with external realities; look forward to create a vision of the future; and look beyond to a specific course of action that will move us from visualization to the realization of our goals.

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Understanding Chaos for Career Planning
Living and Working on the Edge of Chaos
Finding Our Contemporary Career Paradigm
Searching for the Authentic Self
Experiencing the Dark Night of Change
Redesigning Our Careers
Looking Inward
Looking Outward
Looking Forward
Taking Action
Looking Beyond

"As a career counselor, I can say, without reservation, that this is a must-read. This book provides the tools to see change as an opportunity for career growth."

—Dennis Grindle, Director of the
Career Management Center,
Cox School of Business, SMU
(Southern Methodist University)

ABOUT THE AUTHOR

Helen Harkness, Ph.D., a pioneer in the development of career management programs, is founder and executive director of Career Design Associates, Inc. During her long and illustrious career as a futurist, educator, researcher, and entrepreneur, she has provided career change counseling to clients and organizations around the world. She is author of *Don't Stop the Career Clock* and *The Career Chase*, both from Davies-Black.

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