

## To Succeed in Today's Changing Workplace

**... the Type CC Change Catalyst knows that it is essential to:**

Know your options. It is our responsibility to learn what work feeds our soul. Write out your Success Criteria (those "Glass Balls") – the critical elements that can't be dropped if you are to feel successful in your life and work. This is opposed to "Rubber Balls" – the unimportant elements that clutter up our life that can be bounced out.

Establish "Brand You, Inc." – become a free agent, PICC (professional independent consultant/contractor) or entrepreneur. You may be employed, but you are self-directed in your career.

Find work you really enjoy. You may be working an extra 20 years since you will be healthier and live longer. Conventional retirement for 40 years will get dull.

Learn a new way to tell time! Forget chronological age – focus on functional age. Trade in your clock for a compass!

Beware of perfectionism! This is an extremely self-defeating trait (unless you are my dentist!). Give yourself permission to start and learn along the way. Don't fear failure, fear not trying.

Think outside the box. Recognize that the Innovation Age is quickly building on and replacing the Information Age.

Connect and communicate with a community of others you value and relate to. If you don't have that group now, find it or cultivate it – beginning *now!*

Stay on a steep learning curve that you enjoy. "Up" your skills – not just technical, but "soft" skills also. Staying in a job where you aren't learning is extremely risky!

Learn to value and thrive on uncertainty. Know that our era of ultra-stability and certainty is ending.

Realize that if anger, frustration, cynicism, burnout, hostility and victim mentality are your continuing responses to change, you are setting up extreme health hazards for yourself! Deep dissatisfaction with your job will shorten your life.